

[JoanneBurke] 14:00:05

From our participants as you're joining, we can say our numbers are alright. There!

[JoanneBurke] 14:00:11

Over 60 people participating. Today. We welcome you as we.

[JoanneBurke] 14:00:16

Get started on the launch of the racial Equity habit building challenge.

[JoanneBurke] 14:00:24

Webinar, so welcome, welcome!

[JoanneBurke] 14:00:29

Just 20'clock, so we'll do some preliminaries as people enter in.

[JoanneBurke] 14:00:35

Note will be recording this webinar. So we'll do some preliminaries as people enter in. Note will be recording this webinar.

[JoanneBurke] 14:00:44

So in case someone can't make it that signed up or wants to access it.

[JoanneBurke] 14:00:47

This this will be recorded. We are using a webinar format on the zoom system, so I would imagine, after 3 years of covid, most of us are familiar with Zoom.

[JoanneBurke] 14:00:58

But just a few minutes, so that we're all on the same page, because every webinar has different styles.

[JoanneBurke] 14:01:04

If you look, you're on mute, but that does not stop your voice.

[JoanneBurke] 14:01:09

Feel free to use the chat function. You can send questions to your panelists as well as any members of the team, and you can see who else is participating the chat function. You can send questions to our panelists as well as any members of the team. And you can see who else is participating so we welcome questions. As they arrive put them.

[JoanneBurke] 14:01:31

In the chat will be keeping an eye on that you'll have a couple of chances to participate. We want to hear from you.

[JoanneBurke] 14:01:33

So when we do our polls, please participate, help us shape our understanding of who's participating and where we should be going with it.

[JoanneBurke] 14:01:44

If you have any technical questions, feel free to reach out, to say, Shane Rogers, he's our tech expert and communications person at the solutions.

[JoanneBurke] 14:01:55

New England. So everyone welcome, we are so glad you've chosen the food solutions for me to.

[JoanneBurke] 14:02:06

We building a culture of well-being and belonging?

[JoanneBurke] 14:02:11

It is a webinar designed to help you navigate the 21 day, challenge to learn the ins and outs of it from a practical side as well as to be inspired by the possibilities of what participating as individuals and organizations can mean for you and your community community as we our

[JoanneBurke] 14:02:36

9 this is our ninth year of June. The challenge we're grateful for to Dr.

[JoanneBurke] 14:02:41

Edie Moore and Debbie Irving, who originally developed a 21 day racial equity challenge, and we reached out to them and said, Could we do a challenge?

[JoanneBurke] 14:02:51

But using that food system lens, and they very graciously gave us their blessing, and said, Go forward!

[JoanneBurke] 14:02:58

And that's what we've been doing, and we have been thrilled to see the engagement.

[JoanneBurke] 14:03:03

The momentum and the building of community and networks.

[JoanneBurke] 14:03:06

Through this process. We've seen at the last few years.

[JoanneBurke] 14:03:11

Numbers in the 9,000 range of Who's participated representatives from every State in our country, from Canada, as well as from 40 other countries.

[JoanneBurke] 14:03:23

12, Canadian Providence Provinces. So thank you for joining us today.

[JoanneBurke] 14:03:30

We appreciate that you've chosen this time.

[JoanneBurke] 14:03:35

It says, this is important to me, to my organization, and we hope you're staying safe, healthy.

[JoanneBurke] 14:03:43

Welcoming the spring that's upon us. So as we, as we move forward, we want to food solutions.

[JoanneBurke] 14:03:55

New England is committed to providing a land acknowledgement, honoring authentically the area that currently the University is on, and this New England area is still home to many native nations.

[JoanneBurke] 14:04:08

Such as, but not limited to, the Peninsula. Pasa Mcquoddy, Malice, a Nick Mac Avenaki, Mohegan, Wapanag.

[JoanneBurke] 14:04:22

Okay, and others Fsini honors and respects the many indigenous peoples connected to this territory on which we gather Fsiny being food solutions, new England, the the backbone for the challenge, and before we jump into the

[JoanneBurke] 14:04:49

the challenge. We invite you to think about. Where are you sitting?

[JoanneBurke] 14:04:52

What land are you on, and how can you support the work and sovereignty?

[JoanneBurke] 14:04:59

And well-being of the historical residents and owners, and work towards remade creation and reclamation.

[JoanneBurke] 14:05:10

Our team this year is, of course, racial equity through the food system lens, but really using a wellness and belonging focus, our thoughts are with the people in Ukraine at this moment who have experienced injustice and we recognize that even the media coverage of this and we recognize that even the media coverage of this war

[JoanneBurke] 14:05:34

disproportionately leaves out some of the most vulnerable populations where black and brown records have been denied access, and white white refugees there their need for refugee status isn't as much discussed, so we grapple with the persistent

[JoanneBurke] 14:05:54

pandemic and the unjustified wars, but we know our commitment can make a critical difference.

[JoanneBurke] 14:06:01

Going forward, that this work for racial equity in all ways that it ensures that it takes is critically important today.

[JoanneBurke] 14:06:11

So as we honor the possibilities and the need for this, tell us who you are.

[JoanneBurke] 14:06:20

We know we have at this point. There's over 136 participants.

[JoanneBurke] 14:06:25

So if you can take a minute in the chat function, tell us where you're where you're coming from.

[JoanneBurke] 14:06:33

Where do you live? What's your name? Why are you participating in the challenge?

[JoanneBurke] 14:06:40

So you can send that along. We can get to know each other a little bit better, using that that chat function.

[JoanneBurke] 14:06:50

So feel free to go into the chat and and tell us a little bit.

[JoanneBurke] 14:06:57

We've got Patty from Minneapolis so different time zones, so at least not too unbearable.

[JoanneBurke] 14:07:04

If you're living in in Minneapolis, Kansas City, really, Colorado, wow!

[JoanneBurke] 14:07:11

We can really see a Boston. That's great Buffalo, Oregon, fantastic!

[JoanneBurke] 14:07:19

So in many ways, we start to see the diversity and richness that you all are bringing, and also the ripple effects that we have.

[JoanneBurke] 14:07:29

And as you look at this participant list, you can start making connections amongst yourselves.

[JoanneBurke] 14:07:35

Oh, this person's driving the next state. This person is actually a neighbor.

[JoanneBurke] 14:07:39

Maybe they're in the next building on your campus.

[JoanneBurke] 14:07:40

Or community so thrilled to see the action and the diversity of people.

[JoanneBurke] 14:07:48

So welcome, welcome, welcome, with that I'm gonna turn over the next part to to Karen.

[JoanneBurke] 14:08:04

Of to our to introduce the the rest of our host team. And and so, Karen, I'm gonna ask you to introduce yourself, and then we'll introduce the other members of our planning team.

[Karen Spiller (she/hers)] 14:08:20

Thanks. Joanne, and so excited to be here with you all, and I'm going to introduce myself.

[Karen Spiller (she/hers)] 14:08:29

I'm joining you from Durham, New Hampshire, today, and I'm the principal of cast consulting based in Boston, Mass.

[Karen Spiller (she/hers)] 14:08:35

Where I provide based mission-based consulting with a focus on advocacy, resource matching as well as always, a focus on health and equity in all initiatives nationwide, statewide and local and I've been a part of the empathy network for more than 10 years serving on its

[Karen Spiller (she/hers)] 14:08:57

steering committee network team and as a Massachusetts and coordinating nading ambassador for food solutions, New England's food vision as a Thomas W.

[Karen Spiller (she/hers)] 14:09:07

Hospital in sustainable food systems at University of New Hampshire, with a tenacious faculty and staff team.

[Karen Spiller (she/hers)] 14:09:14

I bring the this challenge. Challenge that we're about to start to the campus to the campus for it to be engaged.

[Karen Spiller (she/hers)] 14:09:25

Just not the campus, but the surrounding town and community.

[Karen Spiller (she/hers)] 14:09:29

And this challenge I serve as a co-chair with Curtis Ogden of Interaction Institute for Social change, and we're working together with members of Ephs and A.

[Karen Spiller (she/hers)] 14:09:41

Some of us with us today, and others of our amazing team, and I can't say enough about how thrilled and honored that I am that you have joined us to delve deeper in the challenge.

[Karen Spiller (she/hers)] 14:09:53

Today.

[JoanneBurke] 14:09:55

Thank you, Karen and Shane, if you can give us a give, our participants a little more.

[JoanneBurke] 14:10:02

History of you, and introduce yourself. Thanks.

[Shane Rogers | FSNE] 14:10:05

Thanks, Joanne. My name is Shane Rogers.

[Shane Rogers | FSNE] 14:10:09

I'm calling in from my home in Milton, Vermont.

[Shane Rogers | FSNE] 14:10:12

I have been participating in the food solutions. New England 20.

[Shane Rogers | FSNE] 14:10:16

One day, racial equity challenge for the past 5 years, and I am currently getting paid for being the candidate director of Food Solutions. Knowing.

[Shane Rogers | FSNE] 14:10:27

But I am also a community organizer, a wild food and enthusiast, and much, much more throughout all of my work I really strive to build more inclusive and equitable food systems in communities through effective narrative build and collective communication.

[Shane Rogers | FSNE] 14:10:42

And I couldn't be more thrilled to be a part of this today, and glad you're all here.

[JoanneBurke] 14:10:47

We are delighted to have you on our Fsn.

[JoanneBurke] 14:10:52

Team, Shane and Sarah. Now I'll hand over the in the mike to you, Sarah.

[SarahHarpster] 14:10:57

Thank you so much, and welcome to everyone on the call. My name is Sarah Harpster.

[SarahHarpster] 14:11:03

I'm adjoining you from my home in Keene, New Hampshire, I'm the executive director of the community kitchen.

[SarahHarpster] 14:11:09

We're a food charity that serves hot meals and pantry service as well as working on advocacy issues around the root causes of hunger.

[SarahHarpster] 14:11:18

And I had the privilege of joining the 21 day.

[SarahHarpster] 14:11:23

Racial equity challenge 4 times, and I've also been a part of a New Hampshire based 21 week. Racial equity challenge.

[SarahHarpster] 14:11:30

It's really helped to shape my understanding of our food systems, our challenges and opportunities toward justice.

[SarahHarpster] 14:11:39

These food and justice justice are lifelong interest for me.

[SarahHarpster] 14:11:46

I really enjoy food in many ways, including collecting cookbooks and and I've really been interested in justice, looking at many different ways that we can address advocacy, including having studied at Antioch University, New England on environmental advocacy, and I'm excited to continue the learning

[SarahHarpster] 14:12:10

journey throughout my life work as well. This is one of the most enriching ways to engage with other learners across the world. So I'm excited to be a part of this this group.

[JoanneBurke] 14:12:23

And we are excited to have you in the in part, as part of this team.

[JoanneBurke] 14:12:29

Sarah, as well, and my name is Joanne Burke.

[JoanneBurke] 14:12:32

I'm calling in from my home in Newmarket, New Hampshire, not far from the University.

[JoanneBurke] 14:12:39

I'm currently a food and nutrition system food systems.

[JoanneBurke] 14:12:44

Professor. I'm Marrieda, active in in issues of hunger and food, insecurity and serve on the board of New Hampshire hunger solutions nationally on the steering Committee of the Society of Nutrition and behavior their Division of Sustainable Food Systems

[JoanneBurke] 14:13:03

and working on issues of race and equity. I have been honored to be part of this planning team.

[JoanneBurke] 14:13:10

Karen and Curtis and I have been part of the team since the beginning, and we continuously evolved.

[JoanneBurke] 14:13:21

Learn, grow. It's such a continuous learning journey for all of us in New ways of thinking we continuously evolve, learn, grow. It's such a continuous learning journey for all of us in new ways of learning, from.

[JoanneBurke] 14:13:30

And then it's in community with community. So as we move from the Me to, we, using a very welcoming and belonging lens, we invite you to think of all the ways we can elevate and commit to authentic strategies and commitments that build a more racially just

[JoanneBurke] 14:13:50

equitable food system, and beyond, so welcome welcome, other guests that you'll be hearing from today.

[JoanneBurke] 14:13:59

We are very fortunate to have community partners that will be sharing our broad community because we will be hearing directly from Karen Banks Vassar from Johns, Hopkins, from Sussex and Martin.

[JoanneBurke] 14:14:17

From from Society of Nutrition. Ed. Where we met, but also Rutgers and Orion.

[JoanneBurke] 14:14:22

Chris from the food forest core coalition, and they will be sharing insightful strategies and reality.

[JoanneBurke] 14:14:30

He's and possibilities of the 21 day challenge with all of you, and you'll be able to ask some questions as time permits, or send questions up in the chat so even though we might be on electronic and Webinar format we still know there's lots of ways, we can

[JoanneBurke] 14:14:50

participate, and you can engage with us as we, as we learn in and grow together.

[JoanneBurke] 14:14:55

So with that, just to give a little bit of background on the 21 day racial equity challenge, I'm going to ask Karen if she could just give a little background on that. Thanks, Karen.

[Karen Spiller (she/hers)] 14:15:07

Oh, absolutely. And I want to start here with Fs and E.

[JoanneBurke] 14:15:09

Oh, my!

[Karen Spiller (she/hers)] 14:15:14

So just want to make sure that you all are in the right place in terms of this food system.

[Karen Spiller (she/hers)] 14:15:22

Transformation and why we're doing this, and how we got to do this.

[Karen Spiller (she/hers)] 14:15:27

And for solutions. New England. It is a multiracial, multi-generational, regional, collaborative network.

[Karen Spiller (she/hers)] 14:15:35

And it's of individuals and organizations across the sector.

[Karen Spiller (she/hers)] 14:15:40

So you're thinking about all the food system sectors, processing distribution policy, government we're talking about education.

[Karen Spiller (she/hers)] 14:15:47

K. Through 12 higher, Ed, we're talking about the farmers and fishermen, and yes, we're all eaters in this food system, and it was organized to provide that connectivity across the States.

[Karen Spiller (she/hers)] 14:15:59

And really lifting up the importance of healthy food for all racial equity in food, justice with the sustainable, equitable.

[Karen Spiller (she/hers)] 14:16:09

So system again, that feeds and serves us all. And it was launched 2,010.

[Karen Spiller (she/hers)] 14:16:15

And with that spirit of greater connectivity, trust, deeper collaboration and innovation.

[Karen Spiller (she/hers)] 14:16:24

And again, that power of the knowledge, of wisdom, the lived experience coming together for food system, transformation.

[Karen Spiller (she/hers)] 14:16:33

I said earlier that I was at in Durham. I'm at the University of New Hampshire, which is the organization that initiated the planning of this this work that we're doing here with food Solutions.

[Karen Spiller (she/hers)] 14:16:45

New England. It is what we call the backbone organization that that keeps us moving.

[Karen Spiller (she/hers)] 14:16:51

It's the engine that keeps us moving and organized as we are bringing in our knowledge, our skills, our talents, and our vision shared vision in that.

[Karen Spiller (she/hers)] 14:17:01

And I wanted. The vision is what you see a snapshot of that.

[Karen Spiller (she/hers)] 14:17:06

It really is where we're thinking about our call for what works for all, to have dignity.

[Karen Spiller (she/hers)] 14:17:13

It is when we are thinking about a vision of sustainable farming and fishing, healthy food, for all we're thinking about 50% of our our food is harvested, grown and processed and entrepreneur in our region.

[Karen Spiller (she/hers)] 14:17:26

We're thinking about 20 by 60, as in the New England Food Vision, that food solutions New England put forth for us all to engage in and see ourselves in and be a contributor to that.

[Karen Spiller (she/hers)] 14:17:38

What you see here is that we love. This is our pathway to the vision, and it has the pathway.

[Karen Spiller (she/hers)] 14:17:46

Literally. You know the walking through the people at different places, and we have the democratic empowerment, because it's really important for us to all understand our power and privilege in this aligned vision.

[Karen Spiller (she/hers)] 14:17:57

For healthy food, for all thriving communities and a new food story meaning that we're really looking for a new narrative where we're sharing the truth and information and stories that help shift our understanding.

[Karen Spiller (she/hers)] 14:18:12

And then increase our connectivity, and then, as we're looking at, looking at the past, you have the sustainable economies as well, because we want that all these businesses, these industries, to be vibrant and to be ecologically sound and equitable in their process in their delivery

[Karen Spiller (she/hers)] 14:18:30

in their cultures, so that's the pathway to the vision.

[Karen Spiller (she/hers)] 14:18:34

And as you can see, it's not linear, it's it's an approach and a journey. You know. It's not.

[Karen Spiller (she/hers)] 14:18:41

One directional. It's all all-directional, and it invites us all to start at any place, whether you start a sustainable economy and walk run, or skateboard over to democratic empowerment or leave you in the greenery, could stay in democratic apartment for a little bit and

[Karen Spiller (she/hers)] 14:19:01

then swim over to the making the business case cause. That's important, too.

[Karen Spiller (she/hers)] 14:19:06

So in all of this you can see the intersectionality.

[Karen Spiller (she/hers)] 14:19:10

It's important for us to understand that this vision of New England is a independent.

[Karen Spiller (she/hers)] 14:19:19

We are intertwined. We are in this together, the we to me, the me to. We.

[Karen Spiller (she/hers)] 14:19:25

It's both, and back and forth, and really the shared values and shared success that we are looking for in terms of the transformation of food system that feeds and serves us all.

[Karen Spiller (she/hers)] 14:19:37

So today we continue this with spreading the ideas of strategies, the vision, the new collaborative.

[Karen Spiller (she/hers)] 14:19:43

And as we craft and share resource and maximize our power, and and using our privilege wherever it is, so we can take action to build, build build into a movement that is durable, sustainable, and again, always moving us forward and holding us close that's a snapshot

[Karen Spiller (she/hers)] 14:20:04

just a snapshot of food solutions. New England.

[JoanneBurke] 14:20:05

Huh!

[JoanneBurke] 14:20:08

Yes, thank you, Karen. You do such a masterful job of weaving.

[JoanneBurke] 14:20:15

What our goals are, and and taking that, that lessons and navigating in New England, and carrying it forth wherever we are, across our country, across.

[JoanneBurke] 14:20:26

Across other nations because food systems need to work for everyone wherever we find our place.

[JoanneBurke] 14:20:36

So today's connected goals for today's webinar and you can see the theme of always learning, reflecting, and acting.

[JoanneBurke] 14:20:45

It's not just enough to think about it. But where does that leave us as we reflect, an app?

[JoanneBurke] 14:20:51

So by the as we go through the the webinar, we're obviously understanding are we highlighting that need for a sustained equity in our work?

[JoanneBurke] 14:21:03

Just giving, real practical ways on how what to expect.

[JoanneBurke] 14:21:09

As you join the challenge. Karen spoke to the intersectionality and interdependence.

[JoanneBurke] 14:21:14

Everything's connected and celebrate our commitment to one another, to each other, and to to the goal, to to the unnegotiable goal of building a more racially just equitable society.

[JoanneBurke] 14:21:30

So if we look at today's agenda, you can see that you're hearing about why we you'll hear about coming up next.

[JoanneBurke] 14:21:39

Why we created the racial Equity challenge. How's it gonna work?

[JoanneBurke] 14:21:44

We'll hear from our person we created the racial equity challenge. How's it gonna work? We'll hear from our perspectives, from the field, from our other guest presenters exploring our own motivations and your motivations for next steps and then leaving some time for questions and answers

[JoanneBurke] 14:21:57
so a lot to do in 20 or 30 min or so.

[JoanneBurke] 14:22:04
So with that, Shane, if you can take it away in terms of giving us a little more history of the challenge and moving us forward.

[JoanneBurke] 14:22:15
Thanks, Shane.

[Shane Rogers | FSNE] 14:22:16
Thanks. Julian! Hi again. Everybody. So we asked the question, why explore racial equity in the food system?

[Shane Rogers | FSNE] 14:22:24
Right. We know that the food system was built upon inequities, and we also know that our food system intersects with just about every single issue that one can imagine from immigration and civil rights to the environment and the list just really goes on so the food systems transformation can really beautifully work the multiple

[Shane Rogers | FSNE] 14:22:47
opportunities for changing the course of our own history. Here in New England, throughout the United States, and throughout the rest of the world, and these past couple of years, especially here in the Us.

[Shane Rogers | FSNE] 14:22:59
Have really continued to lay there the stark realities of inequities in our country we are still reeling from the murder of George Floyd.

[Shane Rogers | FSNE] 14:23:07
There's still sustained violence against Asian American, and Pacific Islander communities, and we keep seeing the continued health disparities and the statgering rates of food and security felt ever more extensively by black indigenous and people of color and the list fortunately goes on and

[Shane Rogers | FSNE] 14:23:28
on, but that's part of the reason why we've launched this ninth annual racial equity challenge.

[Shane Rogers | FSNE] 14:23:32

We're asked to consider what it really means to move from me to we in our pursuits of racial justice.

[Shane Rogers | FSNE] 14:23:38

How this concept of applies from advocacy to education and to everything in between, that we work on, not only in our jobs, but in our day-to-day lives.

[Shane Rogers | FSNE] 14:23:49

And these 21 days are gonna ask us to consider how our work and our passion and the food system intersect with the other systems that we all move through each and every day, and how our actions and our relationships can contribute to building community that is grounded in trust and solidarity and

[Shane Rogers | FSNE] 14:24:08

love and democratic empowerment. And we need that when racial equity is central to transnational food system commitments, we move from thinking to acculturating greater food drugs.

[Shane Rogers | FSNE] 14:24:21

We move from create, we move to creating an equitable world where everyone regardless of race or ethnicity, has dignified access to what they need to thrive and live.

[Shane Rogers | FSNE] 14:24:31

Healthy quality lives, and we are granted the sovereignty and power to make decisions that are best for our own communities.

[Shane Rogers | FSNE] 14:24:39

But given that this history of our food system is defined by policies and practices and values and beliefs that have for centuries benefited some and excluded and marginalized, disenfranchised and demoralized many others there's certainly a lot of work to do but

[Shane Rogers | FSNE] 14:24:55

by embracing commitment such as this racial equity challenge, and the work that stems for it, and really working to address structural food system transformation.

[Shane Rogers | FSNE] 14:25:07

And in turn intersectional societal change. We're going to be able to work with intention to build deep authentic relationships.

[Shane Rogers | FSNE] 14:25:14

And again move from me to we, and have an opportunity in our own life to disrupt existing frameworks and create conditions for a food system that promotes population and plans for so why this challenge right among our Fs network?

[Shane Rogers | FSNE] 14:25:29

We want to dig deeper, to build things, and will around undoing racism and inequities and practicing intentional change.

[Shane Rogers | FSNE] 14:25:37

We found Doctor Edie Moore and Dr. Marguerite Panick Parks, and Debbie Irving, and their work at are so grateful for how it has ended up influencing this challenge over the past 9 iterations, and why 21 days historically it has been proposed

[Shane Rogers | FSNE] 14:25:55

that to change and have it one must dedicate and commit to 21 days, and though there is no real magic number in 21, it is a focus and manageable way for us to formally commit to exploring our habits of thinking and acting and why now the reality, is we

[Shane Rogers | FSNE] 14:26:11

can't ignore that the and pervasive inequities exist, and while the issues are certainly daunting, we all have a role to play in upending them and creating a just, an equitable future.

[Shane Rogers | FSNE] 14:26:24

And this 21 day racial Equity challenge is one step forward in that work, and we hope will catalyze many other steps forward as well, and we look forward to taking this together.

[JoanneBurke] 14:26:37

Thank you so much, Shane. And now that we've had a little more time together, and more people have joined us, we're going to pause about the challenge from our side and learn a little bit more about who's participating today.

[JoanneBurke] 14:26:55

So Shane is going to pop up a poll and we will ask you to participate in in where you live.

[JoanneBurke] 14:27:06

What's your primary? The second question, your primary work, or study, or volunteer emphasis? Question 3.

[JoanneBurke] 14:27:15

Is gonna be, how many times have you participated in the challenge?

[JoanneBurke] 14:27:22

I saw the chat. Someone has joined us all 9 years or 8 previous years.

[JoanneBurke] 14:27:28

And are you participating in the challenge as an individual or as a group?

[JoanneBurke] 14:27:35

And if there's a group how many people do you think are in your group?

[JoanneBurke] 14:27:41

Give us an idea of the momentum we have individually and collectively so we'll take a couple of couple of minutes to take the survey and see where we are.

[JoanneBurke] 14:27:55

We've got people from all areas of the country.

[JoanneBurke] 14:27:59

New England, the Mid Atlantic, the South, the Midwest, even the Pacific.

[JoanneBurke] 14:28:05

Oh, that's great! So all parts of the Us.

[JoanneBurke] 14:28:10

Being being represented as we look at these questions. Thank you so much.

[JoanneBurke] 14:28:18

It's nice to hear about who's who's here with us, and how we are joined together in in this mission.

[JoanneBurke] 14:28:37

The what we have seen is that in many cases people start off as individuals, and then they invite a friend at work, and then they decide.

[JoanneBurke] 14:28:48

Well, maybe my department wants to do order. Maybe I'm gonna do Wednesday.

[JoanneBurke] 14:28:53

Chat over lunch, and so whatever works for you as you keep advancing the ways in which thinking and being and acting can play out and commit where you live, working and play and pray, there's just a lot of ways that the racial equity challenge can take shape Sarah mentioned there were a group

[JoanneBurke] 14:29:16

of us. I'm also from New Hampshire that did it over the course of 21 weeks, and so lots of different ways.

[JoanneBurke] 14:29:29

And we've done about almost 82% of our participants have responded.

[JoanneBurke] 14:29:37

Is it possible to see some of the other? Answers Shane, just in terms of the timing?

[JoanneBurke] 14:29:44

Thank you. Sure, we have enough time for everyone.

[Shane Rogers | FSNE] 14:29:47

Yep, folks are able to scroll through it. You can see that we have people from all over.

[JoanneBurke] 14:29:51

Oh, okay. Great.

[Shane Rogers | FSNE] 14:29:54

Yep.

[JoanneBurke] 14:29:55

Oh, great. Okay, wow. Okay. So when we look at, thank you.

[JoanneBurke] 14:30:02

When we look at the different system. So thank you for that hint for scrolling.

[JoanneBurke] 14:30:07

We've got agriculture, we got business. We have community development community organizing distribution, education.

[JoanneBurke] 14:30:16

I'm sure some of them fisheries is gonna come food enterprises, food, security and access.

[JoanneBurke] 14:30:24

We have in terms of the interest areas from food system planning to government to health and nutrition, natural resources, policy, research, all represented.

[JoanneBurke] 14:30:39

And how many times first time, welcome, welcome, 70%, second time, 18%.

[JoanneBurke] 14:30:45

And we have over 10% 3 times or more. So that is fabulous.

[JoanneBurke] 14:30:52

We will be making sure we're collect all of this.

[JoanneBurke] 14:30:55

But then we'll just in the interest of time, say once again, thank you all for bringing forward your time and commitment as we as we do a challenge.

[JoanneBurke] 14:31:10

It's really nationwide. And we learn from each other across our domains.

[JoanneBurke] 14:31:14

So just so we can hear from everyone Sarah, do you want to help us offer those kinds of suggestions? So just so we can hear from everyone.

[JoanneBurke] 14:31:24

Sarah, do you want to help us offer those kinds of suggestions? Of how does this play out?

[JoanneBurke] 14:31:27

What should I expect? Thanks, Sarah.

[SarahHarpster] 14:31:27

Sure. Yeah, for 70% of you. This is the first time through.

[SarahHarpster] 14:31:29

So I'm here to share a little bit about how to do this challenge and what it will be like.

[SarahHarpster] 14:31:37

And now that everyone is enthused, and has heard about the background, which is what you do while you go to Fsn website, you can go directly to the Fsn website and also all of the participants today will receive that link that they can go to we recommend that each person who's going to

[SarahHarpster] 14:31:59

sign up, even if you're doing this as a group, do go ahead and sign up individually.

[SarahHarpster] 14:32:06

Access, the registration link and fill out the form that you will.

[SarahHarpster] 14:32:10

Find there, and once once you've signed up you'll get some pre-reading, some pre-work that is reading and video and it'll give you some tools as well to make to get the most out of the challenge, because this challenge is each person's challenge you can do this challenge even

[SarahHarpster] 14:32:32

if you only have a few minutes a day, and you can do this challenge on a much deeper level that they've already been sharing.

[SarahHarpster] 14:32:40

Ideas, our group here has already been sharing ideas about working together with other folks to go deeper.

[SarahHarpster] 14:32:49

So you can also work together as an organization. For example, Joanne was talking about getting together over lunch on Wednesday, perhaps with your work group you can sign up together, and you can share the prompts out with your group.

[SarahHarpster] 14:33:08

That is a possibility, and if you do side up as a group it we have an opportunity to share.

[SarahHarpster] 14:33:15

Who's your facilitator, and let us know if your organization will be participating.

[SarahHarpster] 14:33:21

There's an opportunity to share on the website. So we all know about different groups that are working together on this.

[SarahHarpster] 14:33:31

So next, we want to talk about inviting others. Once you've signed up, share the word, and invite others to be part of the experience, you can send out personal invitations.

[SarahHarpster] 14:33:46

You can put out newsletters you can use your social media, but reach out to your networks because the more people who join us in this journey together, the the more we can understand what adjust food system looks like and build it together.

[SarahHarpster] 14:34:06

So once you have shared the word. As we mentioned you're gonna receive daily prompts in your email.

[SarahHarpster] 14:34:15

It's gonna be a question to get you to reflect on race and your own life and work, and it will include a link to a short video or an article that will offer a frame for you to reflect on the material that you see that day learn reflect act and go deeper you can spend 15 to 20 min or

[SarahHarpster] 14:34:40

more, then, that if you have the time, and then on the weekends, there's gonna be time to catch up, to reflect, to explore other resources.

[SarahHarpster] 14:34:51

We have a resource list. You can go back to food solutions, New England website and see the all of the great materials that you've.

[SarahHarpster] 14:35:00

You've already reflected on, or that they have been collected over the years.

[SarahHarpster] 14:35:08

And remember, it's fine to go at your own pace, so you don't have to get the work from the past 3 days done in order to go on to the next day.

[SarahHarpster] 14:35:18

There's there's no need to go back.

[SarahHarpster] 14:35:21

It's always great to go back, but it doesn't hold you back if you want to.

[SarahHarpster] 14:35:25

Just read today's material.

[SarahHarpster] 14:35:29

We also really encourage you to reflect and journal about your experience, rather than just thinking about the prompt and moving on, feel free to capture your thoughts and journal.

[SarahHarpster] 14:35:41

There's also a resource list with links to additional videos, blogs, articles, and books.

[SarahHarpster] 14:35:49

And so you can go and check out things that you didn't get to explore completely, or that really are.

[SarahHarpster] 14:35:58

Coming up for you in this time around. If you've been through it before, and there'll be also new materials to look at.

[SarahHarpster] 14:36:07

This year, if you've been through the through the challenge 8 times before, there's online discussions as well.

[SarahHarpster] 14:36:18

So when you go in, and when you receive your emails, you will also see that there are opportunities to interact with the team that's that's putting the challenge together.

[SarahHarpster] 14:36:30

This is about going from me to we. So you will find online discussion platforms.

[SarahHarpster] 14:36:38

You can find the space to share your thoughts with others. Read what others have to say about it, and engage in conversation together.

[SarahHarpster] 14:36:49

So practice and share this with your people. There's also hosted discussion groups so that we can go from a group of learners.

[SarahHarpster] 14:37:01

2, group learning. So there you you can yourself can go to your own group and lead a discussion during weekly staff meetings or community gatherings, or even around your home dinner table.

[SarahHarpster] 14:37:17

Fsn. Will also host A, facilitated online discussion every Friday during the challenge from noon to 1 30 and you'll have an opportunity to register through the email prompts that you get.

[SarahHarpster] 14:37:31

But there are also tools that you can use with your own group.

[SarahHarpster] 14:37:37

So we have a discussion guide on the website as well that you can download, and it has a sample discussion agenda and tips on how to handle.

[SarahHarpster] 14:37:48

Difficult to discussion, topics that might come up in your conversations.

[SarahHarpster] 14:37:53

As you review this material together. Here's a nice picture of the discussion. Guide.

[SarahHarpster] 14:38:00

So if your group or organization is participating in the challenge together, do remember to have them listed, and you will have that opportunity in your form, and you can use this badge on your own website to share that information with your community hundreds of businesses nonprofits agencies.

[SarahHarpster] 14:38:22

Universities, faith groups, and other entities across the country have participated last year there were more than 900 organizations that participated in this way.

[SarahHarpster] 14:38:36

So finally, please do connect with us throughout the experience online, we will be using hashtag Fsn equity challenge on social media to spread the word.

[SarahHarpster] 14:38:49

And if you have any tech questions during the challenge, you can go to contact us on the link@forusefsneinfoatunh.edu, and you can use the function on your screen so if there are any questions we'll have time at the end or we can

[SarahHarpster] 14:39:10

also, we will also be available to answer them offline afterwards.

[JoanneBurke] 14:39:17

That's great!

[JoanneBurke] 14:39:22

So now? And if some of those questions might have to just come in through the chat cause, it always takes longer than we anticipate.

[JoanneBurke] 14:39:28

So it's my honor to introduce the 3 speakers.

[JoanneBurke] 14:39:33

Susan Stephenson, Martin Karen Banks Basserup and Orion Craigman.

[JoanneBurke] 14:39:39

The John Su. Karen is from Johns Hopkins, Orion from the Boston Food Force Corps, Coalition, and Susan from society for nutrition at and reckers University.

[JoanneBurke] 14:39:54

So without further ado, we'll we'll get into the meat of the matter.

[JoanneBurke] 14:40:00

But each one of our presentsers really brings such a deep and rich commitment and engagement with issues of race, equity and justice.

[JoanneBurke] 14:40:09

So thank you for protecting, but knowing our time keeps moving along, let's just jump in right away.

[JoanneBurke] 14:40:20

So here's the first question based on jump in right away. So here's the first question based on introducing yourself briefly and then sharing a little bit about how you integrate with issues and topics and then sharing a little bit about how you engage with issues and topics of and

[JoanneBurke] 14:40:32

commitments to race and topics of, and commitments to race and equity in your work.

[JoanneBurke] 14:40:36

So, Karen, share that. Thank you.

[KarenBassarab] 14:40:38

Sure. Thank you, and thank you for having me on today.

[KarenBassarab] 14:40:42

I'm a program officer with the Johns Hopkins Center for a livable future.

[KarenBassarab] 14:40:47

We're based in Baltimore, Maryland, through the center I manage a project called The Food Policy Networks Project, and we support a like a network of networks of councils, coalitions, and alliances that bring people together in their communities to repair and reshape their food systems to reflect

[KarenBassarab] 14:41:04

their values. And they do this mostly through changing how they're local food systems are governed.

[KarenBassarab] 14:41:10

So changing local, state and tribal laws, and I would say that they bring the We that people back into policy and decisions about how their food systems, functions and policy so the work that I do in terms of racial equity and inclusion it has is twofold one is through this the network of food

[KarenBassarab] 14:41:28

policy councils. We provide support resources to help them figure out what to do in these models that bring stakeholders together, of how they address equity.

[KarenBassarab] 14:41:39

Currently we have a community of learning and practice that, supported by the Wk.

[KarenBassarab] 14:41:44

Kellogg Foundation to learn with counsels about how they change their culture, not just reset their tables or outreach to diverse stakeholders but really thinking about, how do you shift the culture of food policy councils to be more equitable and then through the center for a

[KarenBassarab] 14:42:00

livable future. We're on our own journey as an organization within a university institution to better understand how we can situate and and focus on equity through our work in food systems at the university and through public health.

[JoanneBurke] 14:42:16

That is great. So really working. And then with for community thanks so much, Karen. Susan, if you don't mind sharing that same kind of a little bit about yourself, and how you engage in race and equity work.

[SusanStephenson Martin] 14:42:32

Again I'll echo. Thank you very much for inviting me to be a speaker here.

[SusanStephenson Martin] 14:42:35

I, Susan Stevenson, Martin, so I'll have 2 hats, as Jo has been alluding to.

[JoanneBurke] 14:42:38

Okay.

[SusanStephenson Martin] 14:42:40

I am the workers. New Jersey Medical School, wic director I'm also an adjunct lecturer for the Department of Nutritional Sciences, and I have done over 20 years plus work with the Society of Nutrition Education and behavior in a myriad of Leadership Roles with

[SusanStephenson Martin] 14:42:57

the board, and with our foundation. So I guess my fundamental experience is a personal one in terms of being within the nutrition profession, and for 30 plus years and the lack of diversity within this profession, and you know, being oftentimes the only woman of color or not

[SusanStephenson Martin] 14:43:22

being recognized in the community in which we're serving or not.

[SusanStephenson Martin] 14:43:28

Seeing that diversity among our constituents was really when I started the work also being frustrated.

[SusanStephenson Martin] 14:43:36

American Board of Immigrant Parents. You can imagine Brooklyn, New York, you know.

[SusanStephenson Martin] 14:43:42

Just imagine, how are I evolved within the field of nutrition?

[SusanStephenson Martin] 14:43:46

So food, insecurity, food, access has always been a passion of mine.

[SusanStephenson Martin] 14:43:50

And then looking at the diversity among that obviously within our Wic system, or just looking at the dispatchities among our black and brown moms and the health disparities around infant mortality and prenatal care obviously then making sure that that lens looking through that lens and ensuring

[SusanStephenson Martin] 14:44:09

the underserved communities within our urban areas, and among those particular under served ethnicities and races are equitable.

[SusanStephenson Martin] 14:44:20

Right or receiving quality, care, quality, food, access at the supply chain disadvantages.

[SusanStephenson Martin] 14:44:29

Most recently the formula recall, and looking how that impacted our mom's.

[SusanStephenson Martin] 14:44:34

And then obviously in academia, because obviously I would like to see our profession change, or the profession within nutrition.

[SusanStephenson Martin] 14:44:42

And us really park in and start looking and networking in other areas to provide a diverse nutrition arena for us to educate our new nutritionists and ourds that are coming out into the world.

[SusanStephenson Martin] 14:44:59

So when they are in the community or clinical settings, they can empathize and be part of the community and understand the story in which the clients are participants, that they're actually educating or counseling.

[SusanStephenson Martin] 14:45:10

And then my organizational work with the Society of Nutrition education, behavior, which I'm very proud to say that with our Board of directors work, and looking at Di within the board and ensuring that our organization wanted to be mindful of that lens looking outward created the our first d I committee, that I

[SusanStephenson Martin] 14:45:31

chair, and really committed, had an organizational commitment to ensuring that we weave the Di.

[SusanStephenson Martin] 14:45:38

I work through our strategic planning a lot of our goals of research among the many buckets that we're looking at in terms of communication.

[SusanStephenson Martin] 14:45:47

And then listing our resources that we can provide to our constituents.

[SusanStephenson Martin] 14:45:51

So that's.

[JoanneBurke] 14:45:54

And you can really hear that intersectionality interdisciplinary, everything connected.

[JoanneBurke] 14:46:00

And I have to say I met Susan through that society of nutrition, added behavior.

[JoanneBurke] 14:46:08

So working on all those multiple levels. So thank you for that rich individual and professional sharing, much appreciated Orient.

[JoanneBurke] 14:46:17

Last, but not least, if you can tell us a little bit about yourself, and also how you bring your work to the Boston Food Forest Coalition.

[Orion Kriegman (Boston Food Forest Coalition)] 14:46:27

Yeah. Hello. Everybody. My name is Ryan Kriegman.

[Orion Kriegman (Boston Food Forest Coalition)] 14:46:31

I'm the executive director of the Boston Food Forest Coalition.

[Orion Kriegman (Boston Food Forest Coalition)] 14:46:35

We are a grassroots. Community Land trust that owns land collected Lee.

[Orion Kriegman (Boston Food Forest Coalition)] 14:46:40

It's a coalition of neighbors who came together to reclaim vacant lot in lots in the city, and redesigned them as essentially food.

[Orion Kriegman (Boston Food Forest Coalition)] 14:46:50

Forest parks, edible community spaces. And you know, Boston's really been heavily shaped by racist development policies and lending practices communities that were historically redlined also suffer a lack of access to open space and tree canopy and so if we're going to be working to build

[Orion Kriegman (Boston Food Forest Coalition)] 14:47:09

a city that's inclusive for all we have to address that history directly and within the coalition we have to address.

[Orion Kriegman (Boston Food Forest Coalition)] 14:47:16

You know the different power and privilege of different members of, you know, just different neighbors coming together and working collaboratively on this challenge of collective ownership of land.

[JoanneBurke] 14:47:28

Fantastic, just as a heads up to participants if we don't get to live questions we will look at what comes into the chat.

[JoanneBurke] 14:47:39

The slides will be available. We're recording it, so have no worries there.

[JoanneBurke] 14:47:44

It's just a such a rich conversation. We'll look at what comes into the chat. The slides will be available.

[JoanneBurke] 14:47:49

We're recording it, so have no in Susan and Karen.

[JoanneBurke] 14:47:51

Given your sort of community work and efforts at the community level.

[JoanneBurke] 14:47:56

Can you speak to? Sort of what's happening in your networks, and also in terms of where you see some positive inroads being made, where you see some momentum and entities?

[JoanneBurke] 14:48:10

So we're looking at the equity work some of the motivators you tap into challenges and momentum.

[JoanneBurke] 14:48:20

Susan wanted you go first time to do, but I'll give you.

[SusanStephenson Martin] 14:48:21

Sure!

[JoanneBurke] 14:48:24

I'll talk you out after about a minute or so. Hi!

[SusanStephenson Martin] 14:48:26

Okay, yes, I can say, but I would say the momentum I'm seeing, you know, is within our organization.

[JoanneBurke] 14:48:28

Up!

[SusanStephenson Martin] 14:48:38

Society, nutrition, education, and behavior, and you know, I've been part of the organization again for many years, and looking to see, not only are the different types of positions looking at research, and how research should have that di lens and really re looking at how are we doing our research, and what are the the communities that we're

[SusanStephenson Martin] 14:49:01

using and how we're conducting. And then how does that extrapolate out into the our text, our curricula, and how we're educating our students right now, I think the cultural competency section of my textbook is 3 paragraphs right and is there any

[SusanStephenson Martin] 14:49:19
real cultural competence is there? No, we shouldn't have competency.

[SusanStephenson Martin] 14:49:24
We should be learning this constantly, so understanding that, and then using that training mechanism with with our curricula, and educating and ensuring that our clinicians and community nutrition are out understanding the role and really diversifying the field, so I see that

[SusanStephenson Martin] 14:49:44
momentum, even from A and D forming special committees around diversity, ensuring that we are looking at that work.

[SusanStephenson Martin] 14:49:51
Where are our networks? Among our future Rds or nutritionists, or community nutritionists?

[SusanStephenson Martin] 14:49:58
Where do we feel that pull from? And quite honestly, understanding that the field of nutrition is an expensive career, right?

[SusanStephenson Martin] 14:50:05
We ask our students to go to school extra to get their masters degree and pay for it, and then pay for an internship, and where that is a barrier in our di lens.

[SusanStephenson Martin] 14:50:19
Right there we have a person who is, you know, underserved or in a different community or low income, and asking them to pay that amount of schooling and education throughout the years to them eligible would be an Rd, that's a barrier within our field.

[SusanStephenson Martin] 14:50:34
So go ahead.

[JoanneBurke] 14:50:34
So really looking at that sort of cultural connectedness, and also whether it's medical school nursing, we're all the different barriers we have to build.

[JoanneBurke] 14:50:46
The diversity, and, Karen, I know you're working in a lot of communities and and thinking about, where do you see some momentum happening?

[JoanneBurke] 14:50:55
Any little hints to help keep the momentum going.

[JoanneBurke] 14:50:58

But yes, thank you so much I wish we each had like 3 h for this.

[JoanneBurke] 14:51:04

Yes, but everyone has your contact information, Karen.

[KarenBassarab] 14:51:05

Thank you.

[KarenBassarab] 14:51:08

So I work with the network has about 300 food policy councils across the Us.

[KarenBassarab] 14:51:15

And in 2,020 we surveyed them to ask, Do you use a social or racial equity framework in your work to help you make decisions about policies and your work, and it was interesting to find that 38 of them?

[KarenBassarab] 14:51:27

Said they do 43% of them said they were developing and then the rest said, no, they didn't have one at all.

[KarenBassarab] 14:51:32

And so it's indicative of this. There is a trend in terms of the work of councils and moving in this direction, of figuring out how equity shows up in their work, and how they center it in their work, and for oftentimes there's this perception that councils need to

[KarenBassarab] 14:51:46

be this board of white professionals. And so really trying to break down this idea of what a Food Policy Council looks like, and the diversity amongst them, and reframing what that table looks like, how it starts who it starts with how it shifts not only who they're engaging are they bringing people

[KarenBassarab] 14:52:05

to the table, but asking, You know, are there other tables?

[KarenBassarab] 14:52:07

We need to be going to other spaces. We need to be showing up in to be allies, not only with us, working in the food system, but beyond with education and income and transparency.

[KarenBassarab] 14:52:18

So it is this. I think it's very exciting to see this movement grappling with how they not only reset their table, but shift the culture of how they work, and their identity as these coalitions, and not only you know it started with changing meeting times, offering childcare then

[KarenBassarab] 14:52:36

they moved into providing just compensation for people to participate.

[KarenBassarab] 14:52:40

And now, really, there's a culture shift that's on the horizon.

[KarenBassarab] 14:52:43

So we're learning with them in this journey and trying to share resources and the challenge is a great resource for councils to begin conversations that not only individually for their members, but for their groups to begin to talk with one another about how they do this what equity looks like in the food system and try

[JoanneBurke] 14:52:52

Yes.

[KarenBassarab] 14:53:01

to start to identify opportunities for their groups. So it's kind of this we seeding of information within these local groups.

[KarenBassarab] 14:53:07

And seeing it grow, which is very exciting.

[JoanneBurke] 14:53:10

But it surely sounds like building connectivity building trust, you know, moving at the speed of trust and also looking at other wellness and belonging, I mean, those are some of our major goals this year, and Orion, in terms of the food forest and all the efforts that are you're engaged with in terms of

[JoanneBurke] 14:53:30

community building. What do you see as operations, motivations, some quick challenges.

[Orion Kriegman (Boston Food Forest Coalition)] 14:53:39

Yeah. Thanks. Jen. So, as I mentioned, we are a multi-racial multi-generational coalition.

[Orion Kriegman (Boston Food Forest Coalition)] 14:53:45

And you know, it really started off with a diverse group of neighbors coming together to use the power and privilege that we had to create a pathway for land ownership by the community so the vision of Boston food forest coalition is that we are of the community for the community by the community

[Orion Kriegman (Boston Food Forest Coalition)] 14:54:03

and in coming together we have the ability to control the destiny of development in our neighborhoods.

[Orion Kriegman (Boston Food Forest Coalition)] 14:54:10

The nonprofit community Land Trust really is the vehicle for for that, and trust is the operative word. You know.

[Orion Kriegman (Boston Food Forest Coalition)] 14:54:18

We own the land to, and we have to explore. What does that mean to own the land together as a group of neighbors from diverse parts of Boston?

[Orion Kriegman (Boston Food Forest Coalition)] 14:54:26

And we're also raising resources to support our work together and to support the work of additional neighbors who are building food forests and other sections of Boston who are now going to join the coalition.

[Orion Kriegman (Boston Food Forest Coalition)] 14:54:37

So we're a vehicle for those resources to flow directly into the neighborhoods where people are organizing with their neighbors to create these spaces.

[JoanneBurke] 14:54:47

That is great. So you're really you've got the idea, but also some very tangible structural mechanisms to help move the needle forward.

[JoanneBurke] 14:54:57

I know we could go on. And our webinar participants might not.

[JoanneBurke] 14:55:03

Finish on time, but I invite there's been such nice networking on the chat.

[JoanneBurke] 14:55:10

If anybody has additional questions, by all means continue to put them up in the chat.

[JoanneBurke] 14:55:15

We've been sort of scanning them, and it seems like most of those have been answered.

[JoanneBurke] 14:55:21

But we're happy to address after once once.

[JoanneBurke] 14:55:25

This is completed. If we don't get a lot right now, because of the time constraints so we'll go to the next section here, and so if you if you're you know, you wanna be successful.

[JoanneBurke] 14:55:41

So. Yes, you will be getting an email. It will have some basic information.

[JoanneBurke] 14:55:46

It has some background material that if you get a chance to read, particularly with those of you who are new to the challenge, it will really set you up for success.

[JoanneBurke] 14:55:56

It does help. If you can block off time in your schedule.

[JoanneBurke] 14:55:59

But we're all busy people. We work, we play, we have families, we have life that happens.

[JoanneBurke] 14:56:05

So my guidance is. There is a lot of richness in our challenge.

[JoanneBurke] 14:56:10

If you miss a day life happens. I'm a challenge failure. Just pick it up. The next day.

[JoanneBurke] 14:56:19

Use your word to catch up, but you know, with anything important time, time needs to be dedicated, but also give yourself some freedom as an adult, and that sometimes life happens, and and the weekend needs to be used, and that's exactly why we have the weekend time the next slide we're gonna

[JoanneBurke] 14:56:41

rush go through these fast, because they'll be available.

[JoanneBurke] 14:56:44

Is there any general question, or answer, or that's a good one.

[JoanneBurke] 14:56:49

Any quick question you want to put in the chat about oh, I still don't understand this part.

[JoanneBurke] 14:56:57

Please do so? Or, yeah, that's probably the best way.

[JoanneBurke] 14:57:04

You can also always email fsnde with your questions.

[JoanneBurke] 14:57:07

We are so happy to answer questions we want you to be collectively.

[JoanneBurke] 14:57:12

Yes, if you signed up for it, everything's gonna come to you and so by all means, yes, you's gonna come to you. And so, by all means, yes, you should be getting that just fine.

[JoanneBurke] 14:57:27

So in these last few minutes. So and when and yes, question came up, what would a daily email look like?

[JoanneBurke] 14:57:34

So it might be the beginning email, good morning, welcome to the first day of the challenge, as we think about our call to building wellness.

[JoanneBurke] 14:57:47

What does that mean for you? Here are some readings to think about it.

[JoanneBurke] 14:57:51

How does wellness play out in the equity world? So it's a little paragraph and a little prompt for thinking about.

[JoanneBurke] 14:57:59

And then links to readings or short videos and you can sort of choose your own adventure.

[JoanneBurke] 14:58:06

So you'll get a morning prompt around 6 or 6 30 in the morning.

[JoanneBurke] 14:58:13

Eastern time, and then you're on your way.

[JoanneBurke] 14:58:16

So. And you can also look. We've had last year's prompt. Still, there.

[JoanneBurke] 14:58:22

If you want to get a flavor for it. So that's how it works.

[JoanneBurke] 14:58:25

And you can choose how much time, breath, and depth.

[JoanneBurke] 14:58:29

You wanna use on, and you can do have some options to explore the topic of the day.

[JoanneBurke] 14:58:37

The emails come in early. It's around 6 Am.

[JoanneBurke] 14:58:40

I, that they come in in the morning. That's Eastern time, so will be 6 Am.

[JoanneBurke] 14:58:48

Thanks. Shane, so here's a quick evaluation which helps us as we tried to plan these, if you can respond to the poll, 2 questions, how are you planning to participate in the challenge as an international or a group?

[JoanneBurke] 14:59:05

And then, secondly, do you feel like you have a better understanding of the what to expect with the chain?

[JoanneBurke] 14:59:14

As a result of this webinar, I do wanna reiterate as we finish up this section, we can not do this to alone.

[JoanneBurke] 14:59:26

We are so much better together, and I sincerely thank our guest presenters.

[JoanneBurke] 14:59:30

The the planning team, and you all for deciding that today was important and committing to exploring what the challenge looks like.

[JoanneBurke] 14:59:44

So we all have busy lives and looks like people do feel like they're more prepared to understand what the challenge is about.

[JoanneBurke] 14:59:53

And honestly, we we totally invite any questions, you know.

[JoanneBurke] 14:59:58

We always play this dance of. If you make a webinar too long, people won't sign up, but if it's too short, you try to put too much in.

[JoanneBurke] 15:00:07

So I sincerely thank all of you for attending, and our participants, and look forward to a wonderful challenge of building wellness and belonging, and a food system that works and nourishes all, and sign up.